



Fold ↓

**: EMERGENCY MG :**

**Important information about Myasthenia Gravis - MG**

MG is an autoimmune disease. The function of the neuro-muscular junction is defected and due to this, the patient has a tendency to become tired and suffer from weakness of voluntary muscles after their continued use. Rest will ease the symptoms. Even the breathing and swallow capacity can be affected.



**The owner of this card has MG**

Name \_\_\_\_\_  
Identity number \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
Contact person \_\_\_\_\_  
Phone \_\_\_\_\_

**Some medications can make symptoms worse:**  
Very high doses of Magnesium, Botox, Non-depolarizing muscle relaxant, Aminoglycosides  
**Use with caution:**  
Bisphosphonates, Beta-blockers, Kinidine, Calcium blockers, Chloroquine, Statins, Gabapentin, Ciprofloxacin / Norfloxacin / Ofloxacin, Tetracyclines, Fenytoin / Karbamazepin, high doses Cortisone, Timolol, Litium, Iodine-containing X-ray contrast agents  
**Please, if problem, consult a neurologist specialized in MG:**  
TNF blockers, Immune checkpoint inhibitor  
*Source: Fredrik Piehl, professor of neurology, Karolinska Institute*

**Myasthenic crisis:**  
If patient can't swallow medicine, give Neostigmin, 1-2 mg i.m.  
**Take Note! Cholinergic crisis:**  
Overdosing of cholinergic drugs may trigger muscle weakness.  
**My medication:**  
*Acetylcholinesterase inhibitors*  
• Mestinon \_\_\_\_\_  
• Mytelase \_\_\_\_\_  
Cortisone \_\_\_\_\_  
*Immunosuppressive*  
• Azathioprine \_\_\_\_\_  
• Mycophenolate \_\_\_\_\_  
• Ciclosporine \_\_\_\_\_  
• Rituximab \_\_\_\_\_  
Other \_\_\_\_\_  
Thymectomy No [ ]  
Yes [ ] date: \_\_\_\_\_

**Other diseases/ medicines**  
\_\_\_\_\_  
\_\_\_\_\_  
**Responsible for my treatment**  
Hospital \_\_\_\_\_  
\_\_\_\_\_  
Doctor \_\_\_\_\_  
\_\_\_\_\_  
Phone \_\_\_\_\_  
\_\_\_\_\_